

**Sarada Vilas Teachers College**  
**K.M. Puram, Mysore-04**

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### **3.4.3 QNM DE**

**1. Report on Outreach  
Program, Teacher Internship  
Program and Faculty Exchange**



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Sarada Vilas Educational Institutions (R.)  
ಶಾರದಾ ವಿಲಾಸ ಶಿಕ್ಷಣ ಮಹಾವಿದ್ಯಾಲಯ, ಮೈಸೂರು-04  
**SARADA VILAS TEACHERS COLLEGE**  
Sarada Vilas Road, K.M Puram, Mysuru-570004, Karnataka  
Affiliated to University of Mysore, Mysuru, Karnataka State, Grant in Aid College  
NAAC Accredited in 2016, "B" Grade, CGPA-2.73/4



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### Awareness Programme on Importance of Education conducted in Tribal Area

An awareness program on 'Importance of Education' was conducted in Tribal Area of Biligirangana Betta, Chamaraja District, Karnataka on 18<sup>th</sup> February 2019. The program was aimed at encouraging parents to send their children to schools and provide them opportunities to complete their children education.



*Leela K.S.*  
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### Organized a Jatha on Protection of Environment

A Jatha on 'Protection of Environment' was organized in Yelavala Village, Mysore on 7th October, 2019. The village people were also actively participated in the Jatha. This Jatha aimed to foster a collective responsibility towards creating a greener, healthier planet for future generations.



*Kaala.K.S*  
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### Drama Performance on Sarva Dharma Samanvaya

A drama was performed on 'Sarva Dharma Samanvaya in Nagavala Village, Mysore on 25<sup>th</sup> January 2020. This drama was organized to send a message 'India is Unity in Diversity' to people and bring knowledge about the rich cultural of Indian society.



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### Voluntarily Students' Participation in Covid Vaccination

During the Covid pandemic, our students actively participation in distributing Food to people and administrating Covid Vaccination in government health centre in Mysore on 3<sup>rd</sup> July, 2021.



### Voluntarily Students' Participation in Food Distribution in Covid Vaccination



*K. S. J. S.*  
Principal

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**Street Play on importance of planting trees protecting the environment**

On March 12, 2022, at 3:00 PM, our college organized a street play in DoddaHundi Village to raise awareness about the importance of planting trees and protecting the environment. The play, titled "Save Trees and Save the Planet," emphasized the vital role of trees in sustaining life and combating climate change. Through engaging performances, the students highlighted practical steps for environmental conservation and inspired the local community to take action. This initiative aimed to foster a collective responsibility towards creating a greener, healthier planet for future generations.



*Keela.L.L*  
**Principal**

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### Drama Performance on Black Magic

On September 6, 2022, at 8:00 PM, a captivating drama performance was held at the campsite of TataiahnaGaddige, located on HD Kote Road, Mysore. The event provided a unique blend of culture and entertainment for the attendees, set against the scenic backdrop of the campsite. The drama, performed by talented students, depicted rich narratives that engaged and moved the audience. This cultural evening aimed to offer a memorable experience, highlighting the importance of the performing arts in education and community building. The night was filled with enthusiasm, creativity, and a deep appreciation for theatrical expression.



*Leela J.S*  
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### Street Play on 'The Light Within': 2022

The student representatives play an important role while the Street Play on 'The Light Within' is organized on 26<sup>th</sup> April, 2023. The event provided a unique blend of culture and entertainment for the attendees, set against the scenic backdrop of the campus. The play, performed by talented students, depicted rich narratives that engaged and moved the audience. This cultural evening aimed to offer a memorable experience, highlighting the importance of the performing arts in education and community building. The night was filled with enthusiasm, creativity, and a deep appreciation for theatrical expression.



*Neela.K.C*  
**Principal**  
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### Donating Blood is JeevanDaan

The "Donating Blood is JeevanDaan" Programme, held on 6<sup>th</sup> June, 2023, at 10:30 AM at Sarada Vilas Teachers College, was a resounding success. Led by Sumithamma as the convener, this noble initiative aimed to inspire individuals to donate blood, underscoring the life-saving impact of this selfless act. The event served as a platform to raise awareness about the crucial role of blood donation in saving lives and supporting medical emergencies. With a target of 25 blood donations, participants seized the opportunity to contribute to this humanitarian cause, reflecting the college's steadfast commitment to fostering community welfare and cultivating a culture of compassion among its members.



*Deelak*  
Principal  
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## 1. Internship Program

### Practice Teaching Report-2022-23

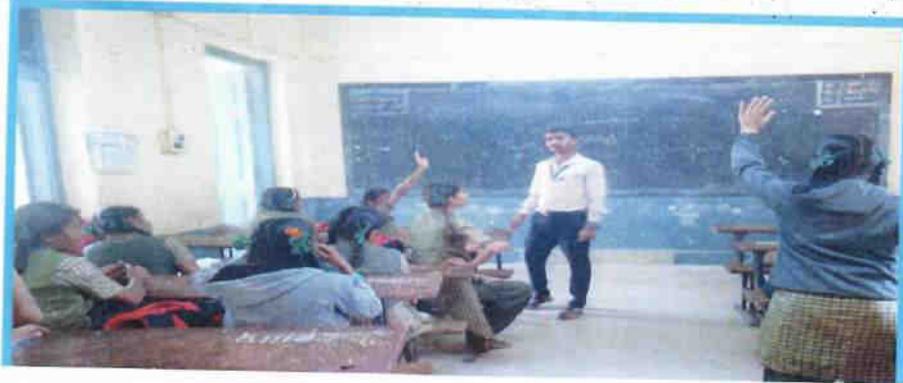
School: GopalaSwamy High School Mysore

Sl.No	Name of the student	Methods
1	Misbha H R (DL)	P M
2	Vidyashree H R	PM
3	Likitha N S	CB
4	Saniya Mohammadi (L)	CB
5	Bhindushree C	EC
6	Afrin Taj	PM

Practice teaching started from 17-07-2023 and group 6 members were allotted to GopalaSwamy High School.

#### Teaching Activities:

1. Action Research (one)
2. ICT based lesson (one in each methodology)
3. Innovative lesson (one methodology)
4. Criticism lessons (in both methodology)



*Keelavathi*  
**Principal**  
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**Other activities undertaken/ conducted:**



1. They conducted various activities as part of Children's Day, it included singing, games which involved both trainee teachers and children.
2. They organized singing competition.
3. Various activities as per part of Sports day.
4. Debate competition was held and trainee teachers played the role of judges.
5. Conducted Kannada Rajyotsava activities and students were made to involve in the celebration.

*Keela, K.S*  
**Principal**  
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On the whole students had rich experience wherein they got an opportunity to enhance their skills of classroom management, teaching, organizing and evaluating. HM and teachers of the school also guided them in acquiring all skills.

*Keela.K.S*  
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## Practice Teaching Report-2022-23

School: HardwickHigh School Mysore

Sl.No	Name of the student	Methods
1	Sanjay B M	CB
2	Prakash	HG
3	Arpitha	PM
4	Nagamani C	GC
5	Mamatha A	PM
6	Raju K	HG
7	Dhakshayini R (DL)	HK
8	Shivakumar (L)	HK

Practice teaching started from 17-07-2023 and group of 8members were allotted to HardwickHigh School

### Teaching Activities:

1. Action Research (one)
2. ICT based lesson (one in each methodology)
3. Innovative lessons (one methodology)
4. Criticism lessons (in both methodology)



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**Principal**  
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**Other activities undertaken/conducted:**

1. They conducted various activities as part of Children's Day; it included singing, games which involved both trainee teachers and children.
2. They organized singing competition.
3. Various activities as per part of Sports day.
4. Debate competition was held and trainee teachers played the role of judges.
5. Conducted Kannada Rajyotsava activities and students were made to involve in the celebration.



*Keela.K.L*  
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*Keelavalli*  
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## Practice Teaching Report-2022-23

**School : TSS Sarvajanika High School Vidyaranyapuram Mysore**

Sl.No	Name of the Student	Methods
1	Tejaswini S (L)	PM
2	Balakrishna V (DL)	PM
3	Pavan C S	CB
4	Sindhu KN	HG
5	Iyshwarya HL	PM
6	Megha KP	HK
7	Omkara	CB
8	Nirmala C	HK
9	Amrutha S	HK

Practice teaching started from 17-07-2023 and group 9 members were allotted to TSS Sarvajanika High School

### Teaching Activities:

1. Action Research (one)
2. ICT based lesson (one in each methodology)
3. Innovative lessons (one methodology)
4. Criticism lessons (in both methodology)



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**Other activities undertaken/ conducted:**

They conducted various activities as part of Children's Day; it included singing, games which involved both trainee teachers and children.

1. They organized singing competition.
2. Various activities as per part of Sports day.
3. Debate competition was held and trainee teachers played the role of judges.
4. Conducted Kannada Rajyotsava activities and students were made to involve in the celebration.

On the whole students had rich experience wherein they got an opportunity to enhance their skills of classroom management, teaching, organizing and evaluating. HM and teachers of the school also guided them in acquiring all skills.

*Seelatesh*  
**Principal**  
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## Practice Teaching Report-2022-23

School : Sarada High School

Sl.No	Name of the students	Methods
1	Sowmya S (L)	EC
2	Priyanea K C	HG
3	Prathima R (DL)	CB
4	Vasundara S	PM
5	Bharathi KN	PM
6	Shanmukaswamy B P	HG
7	Rani G	GK
8	Jagadeesha H K	HK

Practice teaching started from 17-07-2023 group 8 were allotted to Sarada High School .

### Teaching Activities:

1. Action Research (one)
2. ICT based lesson (one in each methodology)
3. Innovative lessons (one methodology)
4. Criticism lessons (in both methodology)



*Keela J S*

**Principal**

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**Other activities undertaken/ conducted:**



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*Reelated*  
**Principal**  
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## Practice Teaching Report-2022-23

**School: St Marry's High School, Mysore**

Sl.No	Name of the students	Methods
1	Salini M ( DL)	CB
2	Madhushree G (L)	PM
3	Vandhitha	EC
4	Namratha Patel	PM
5	Aparna George	CB
6	Gulshan Shadaf	EC
7	Pavan K M	PM

Practice teaching started from 17-07-2023 and group of 7 were allotted to St Marry's High School, Mysore.

### Teaching Activities:

1. Action Research (one)
2. ICT based lesson (one in each methodology)
3. Innovative lessons (one methodology)
4. Criticism lessons (in both methodology)



*Keela.P.S*

**Principal**

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**Other activities undertaken/ conducted:**



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5. Conducted Kannada Rajyotsava activities and students were made to involve in the celebration

*Reelant*  
**Principal**  
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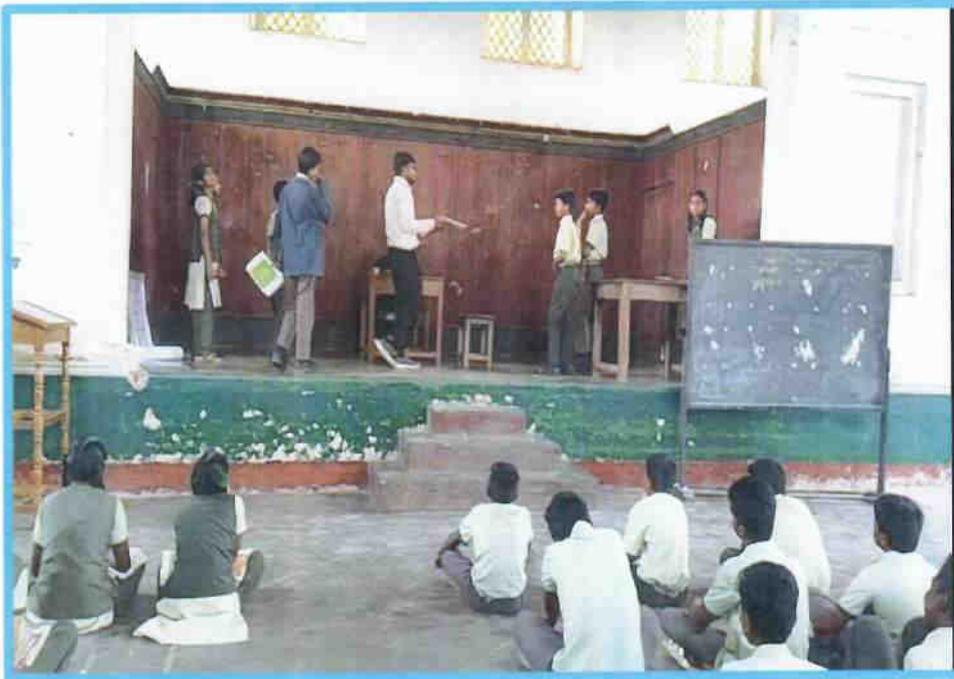
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Email ID: svtemysore@gmail.com  
Website: www.svtemysore.org

Office No: 0821-2332137  
Mob No : 7019807294

On the whole students had rich experience wherein they got an opportunity to enhance their skills of classroom management, teaching, organizing and evaluating. HM and teachers of the school also guided them in acquiring all skills.



*Leela.J.S*  
**Principal**  
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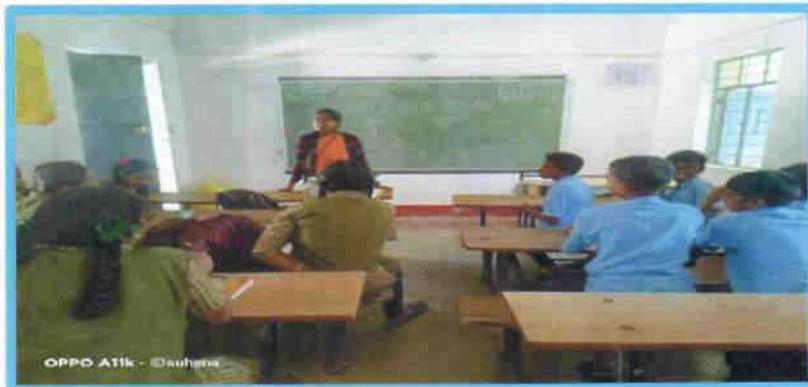
School : T S S Sarvajanika High School,Betta Mysore

Sl.No	Name of the students	Methods
1	Shekar T (L)	HK
2	Bhagya B S (DL)	KG
3	Asha C	PM
4	Bhavani B	PM
5	Kusuma	HE
6	Lingesh U R	HK
7	Mahalakshmi N	HK

Practice teaching started from 17-07-2023 and group of 7 were allotted to T S S Sarvajanika High School,Betta Mysore.

### Teaching Activities:

1. Action Research (one)
2. ICT based lesson (one in each methodology)
3. Innovative lessons (one methodology)
4. Criticism lessons (in both methodology)



Reela K.S  
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**Other activities undertaken/ conducted:**



1. They conducted various activities as part of Children's Day; it included singing, games which involved both trainee teachers and children.
2. They organized singing competition.
3. Various activities as per part of Sports day.
4. Debate competition was held and trainee teachers played the role of judges.
5. Conducted Kannada Rajyotsava activities and students were made to involve in the celebration.

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## Practice Teaching Report-2022-23

**School: Royal high School, D Salundi Mysore**

Sl.No	Name of the students	Methods
1	Vajrakumari (L)	CB
2	Thippanna J (DL)	PM
3	Indrakumar	PM
4	Shilpa D	HK
5	Nandini S	HK
6	Praveen Nayak	HK

Practice teaching started from 17-07-2023 and group of 6 were allotted to **Royal high School, D Salundi Mysore.**

### Teaching Activities:

1. Action Research (one)
2. ICT based lesson (one in each methodology)
3. Innovative lessons (one methodology)
4. Criticism lessons (in both methodology)



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**Other activities undertaken/ conducted:**



1. They conducted various activities as part of Children's Day; it included singing, games which involved both trainee teachers and children.
2. They organized singing competition.
3. Various activities as per part of Sports day.
4. Debate competition was held and trainee teachers played the role of judges.
5. Conducted Kannada Rajyotsava activities and students were made to involve in the celebration

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**K.M. PURAM., MYSORE - 04**  
**Practice Teaching Report-2022-23**

**School : Shri Rahgavendra High School**

Sl.No	Name of the students	Methods
1	Preethi H M (L)	CB
2	Anjali H D (DL)	HK
3	Swathi K M	PM
4	Sangeetha B C	PM
5	Harsheetha M N	PM
6	Nandini D K	HK
7	Mahadevaswamy H M	HK
8	Spoorthi	PM
9	Surya S R	HK

Practice teaching started from 17-07-2023 and group of 9 were allotted to Shri **Rahgavendra High School**.

**Teaching Activities:**

1. Action Research (one)
2. ICT based lesson (one in each methodology)
3. Innovative lessons (one methodology)
4. Criticism lessons (in both methodology)

*Leela K.S*  
**Principal**  
Sarada Vilas Teachers College  
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**Other activities undertaken/ conducted:**



1. They conducted various activities as part of Children's Day; it included singing, games which involved both trainee teachers and children.
2. They organized singing competition.
3. Various activities as per part of Sports day.
4. Debate competition was held and trainee teachers played the role of judges.

*Reela.K.S*  
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5. Conducted Kannada Rajyotsava activities and students were made to involve in the celebration



On the whole students had rich experience wherein they got an opportunity to enhance their skills of classroom management, teaching, organizing and evaluating. HM and teachers of the school also guided them in acquiring all skills.

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**Principal**

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## Practice Teaching Report-2022-23

School: Yelwala High School

Sl.No	Name of the students	Methods
1	BhindhuShree V K	CB
2	Nisarga S K	PM
3	Tejashini H L	PM
4	Manikantha H P (L)	HK
5	Suhana (DL)	HK
6	Pushpalatha C	PM
7	Shivashankara A S	PM
8	Sandesh B J	HG

Practice teaching started from 17-07-2023 and group of 8 were allotted to Yelwala **High School**.

### Teaching Activities:

1. Action Research (one)
2. ICT based lesson (one in each methodology)
3. Innovative lessons (one methodology)
4. Criticism lessons (in both methodology)



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**Other activities undertaken/ conducted:**



1. They conducted various activities as part of Children's Day; it included singing, games which involved both trainee teachers and children.
2. They organized singing competition.
3. Various activities as per part of Sports day.
4. Debate competition was held and trainee teachers played the role of judges.
5. Conducted Kannada Rajyotsava activities and students were made to involve in the celebration

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## Practice Teaching Report-2022-23

School: Srikantha High School

Sl.No	Name of the students	Methods
1	Aishwarya S V	CB
2	Hashitha	HG
3	Anitha N	PM
4	Maheswari M (L)	PM
5	Divya S	PM
6	Manasa R	HG
7	Vasantha H P	HK
8	Sowmya N G (DL)	EC

Practice teaching started from 17-07-2023 and group of 8 were allotted to Srikantha High School.

### Teaching Activities:

1. Action Research (one)
2. ICT based lesson (one in each methodology)
3. Innovative lessons (one methodology)
4. Criticism lessons (in both methodology)



*Seela K S*

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**Other activities undertaken/ conducted:**



1. They conducted various activities as part of Children's Day; it included singing, games which involved both trainee teachers and children.
2. They organized singing competition.
3. Various activities as per part of Sports day.
4. Debate competition was held and trainee teachers played the role of judges.
5. Conducted Kannada Rajyotsava activities and students were made to involve in the celebration.

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## 2. Community Living Camp in villages (CLC)

### Street Play on importance of planting trees protecting the environment

On March 12, 2022, at 3:00 PM, our college organized a street play in DoddaHundi Village to raise awareness about the importance of planting trees and protecting the environment. The play, titled "Save Trees and Save the Planet," emphasized the vital role of trees in sustaining life and combating climate change. Through engaging performances, the students highlighted practical steps for environmental conservation and inspired the local community to take action. This initiative aimed to foster a collective responsibility towards creating a greener, healthier planet for future generations.



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**Drama Performance on Black Magic**

On September 6, 2022, at 8:00 PM, a captivating drama performance was held at the campsite of Tatiaiahna Gaddige, located on HD Kote Road, Mysore. The event provided a unique blend of culture and entertainment for the attendees, set against the scenic backdrop of the campsite. The drama, performed by talented students, depicted rich narratives that engaged and moved the audience. This cultural evening aimed to offer a memorable experience, highlighting the importance of the performing arts in education and community building. The night was filled with enthusiasm, creativity, and a deep appreciation for theatrical expression.



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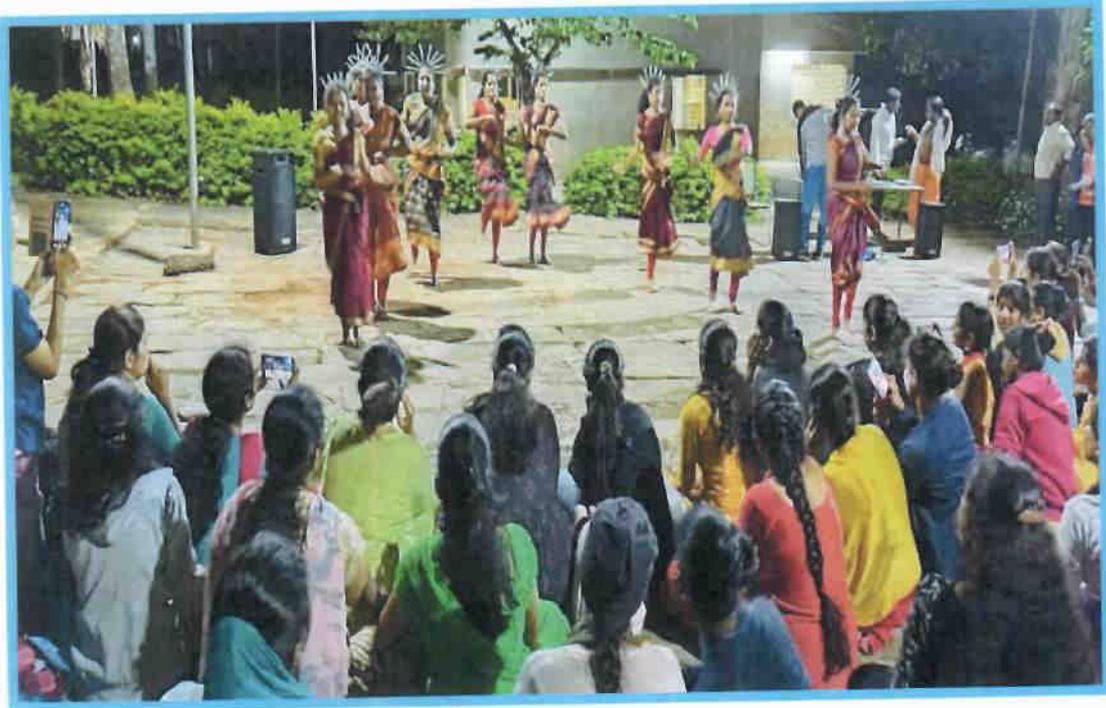
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**Street Play on 'The Light Within': 2022**

The student representatives play an important role while the Street Play on 'The Light Within' is organized on 26<sup>th</sup> April, 2023. The event provided a unique blend of culture and entertainment for the attendees, set against the scenic backdrop of the campus. The play, performed by talented students, depicted rich narratives that engaged and moved the audience. This cultural evening aimed to offer a memorable experience, highlighting the importance of the performing arts in education and community building. The night was filled with enthusiasm, creativity, and a deep appreciation for theatrical expression.



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### 3. Field Visits and Institutional Visits:

#### Report on visit to Milk Dairy and Regional Museum of Natural History Mysore

The production of milk on dairy farms and the processing of milk and milk products at dairy plants make up the dairy industry. To understand the working of a dairy industry and the quality assurance and to get the practical knowledge about them, we were taken to Mysore mega dairy at Alanahalli, Mysore on 28th of March 2023.

We reached the dairy at 10:30am and we entered the dairy at 11:00 am. We were accompanied by Smt. Sunitha. She guided us through various departments and sections of dairy unit. Everyday milk is collected in tankers from 7 taluks and brought to the milk dairy. Then the sample is subjected to various tests like fat check, adulteration check, and acidity test. If the milk sample test is failed in quality assurance test it is rejected. Further good quality milk is taken for other process. First cream is separated then it is taken for butter conversion, later to the ghee preparation and packing. Then we saw the section where 5 varieties of milk and 2 varieties of butter and curd are packed. Then we were taken to sweet section where peda and special Mysore pak is prepared. And we saw the preparation of paneer. And also we saw the other sections like boiler section, electrical section, air compressor section, refrigeration section and maintenance section. At the end of the dairy visit we were served with a packet of buttermilk.

On the same day, in the afternoon at 12:45 pm we were taken to Regional Museum of Natural History at Siddharth Nagar, opposite to Nadini milk dairy, Mysore. We were accompanied by Srinivas sir. Museum has multiple sections. The first section was related to biodiversity of southern region of India. The museum exhibits plants, animals, insects, butterflies and geology of the southern region of India. The galleries emphasize the conservation of nature and natural resources also he explained about ecological interrelationship among plants animals. There is a walk-through tunnel depicting evolution of life. At 3:30 pm we were allowed to watch a short movie on wildlife titled as "Daroji". At the end of the day some colorful and informative scripts about plants, mammals, butterflies, reptiles, birds, seeds etc are provided from the museum.

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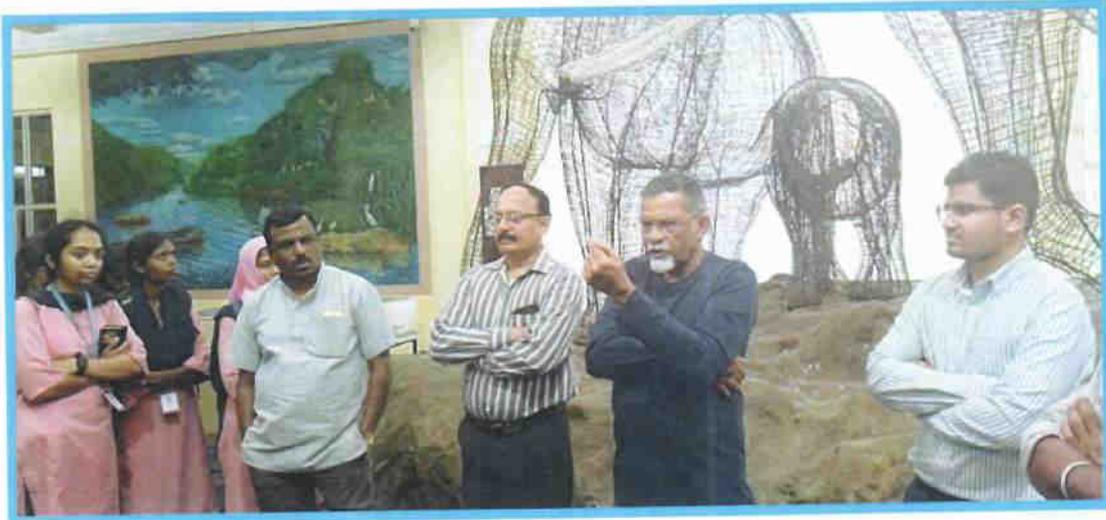
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Visit to Milk Dairy



Visit to National History Museum



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**Report on Faculty Exchange Programme between Sarada Vilas Teachers College and  
Institute of Education College**

The faculty exchange programme between Sarada Vilas Teachers College and Institute of Education College was initiated to foster academic collaboration and enhance the professional development of educators from both institutions. This report details the participation of faculty members from Sarada Vilas Teachers College at Institute of Education College during May 2022.

**Participants:**

1. **Mr.Kumaraswamy**

**Date:** 05.05.2022

**Subject:** Educational Evaluation

2. **Dr. K.C. Gayathri**

**Date:** 04.05.2022

**Subject:** Language Kannada

3. **Ms.Anusha K.M.**

**Date:** 06.05.2022

**Subject:** Social Science

4. **Mr.Shivaswamy**

**Date:** 11.05.2022

**Subject:** (Educational Evaluation)

**Objectives and Achievements:** The primary objective of the exchange programme was realized through diverse activities and engagements:

**Academic Enrichment:** The faculty members from Sarada Vilas Teachers College delivered specialized lectures, conducted workshops, and participated actively in curriculum review sessions at Institute of Education College. Then

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expertise in Educational Evaluation and Social Science enhanced the depth of discussions and broadened the academic horizons of both faculty and students alike.

**Collaborative Endeavors:** Beyond classroom interactions, the exchange facilitated collaborative research initiatives between faculty members of both colleges. These initiatives not only contributed to the advancement of knowledge in their respective fields but also strengthened institutional ties through joint scholarly endeavors.

**Cultural and Professional Integration:** The exchange programme also fostered cultural exchange and professional integration among faculty members. It provided an opportunity for sharing best practices in teaching methodologies, educational policies, and administrative strategies, thus promoting a holistic approach to academic development.

**Impact and Future Prospects:** The participation of Sarada Vilas Teachers College faculty members left a significant impact on the academic community at Institute of Education College, inspiring a culture of continuous learning and excellence. Moving forward, both institutions are committed to sustaining this momentum by expanding the scope of exchange programmes, including student exchanges and collaborative projects, to further enrich their educational landscapes.

**Conclusion:** In conclusion, the faculty exchange programme between Sarada Vilas Teachers College and Institute of Education College exemplifies a successful model of academic collaboration and mutual learning. It underscores the importance of such initiatives in nurturing global perspectives, enhancing

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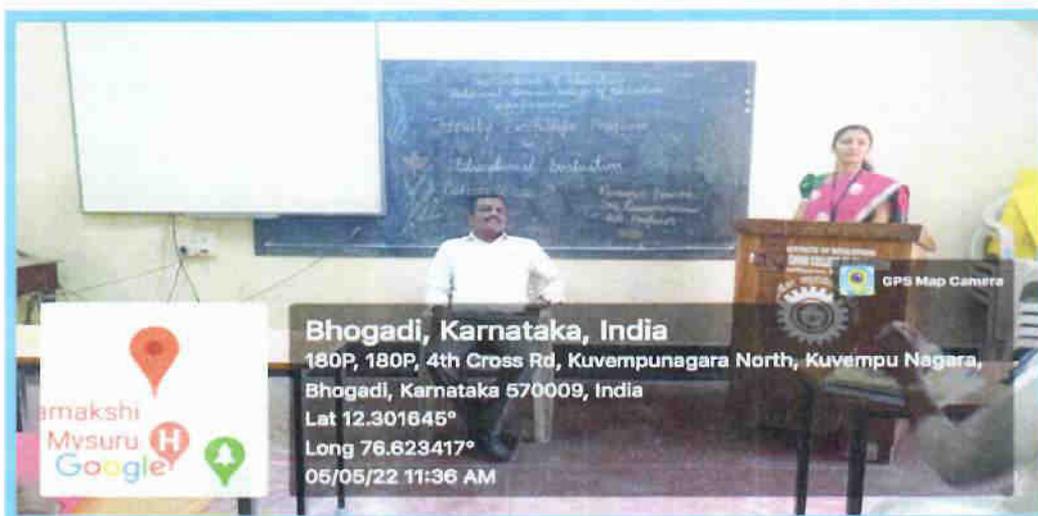
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educational quality, and fostering enduring partnerships in the realm of higher education.

**Mr.Kumaraswamy, Date: 05.05.2022,**

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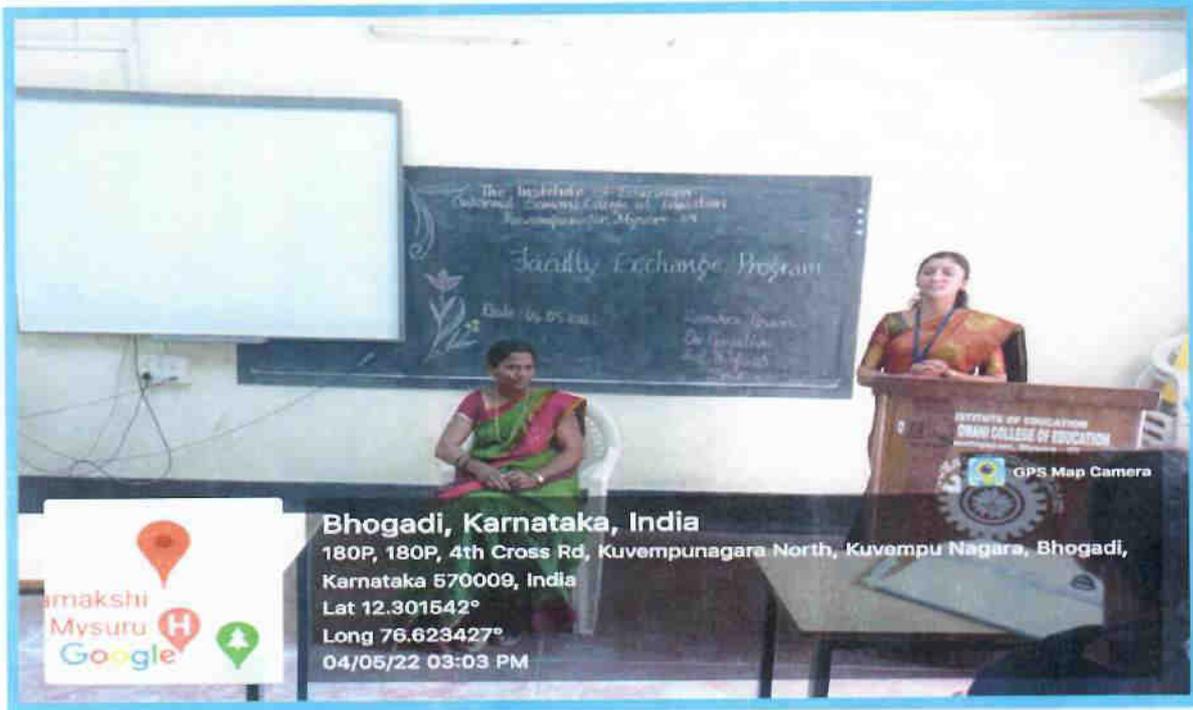
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Dr. K.C. Gayathri, Date: 04.05.2022,

Subject: Language Kannada



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**Ms.Anusha K.M., Date: 06.05.2022**  
**Subject: Social Science**



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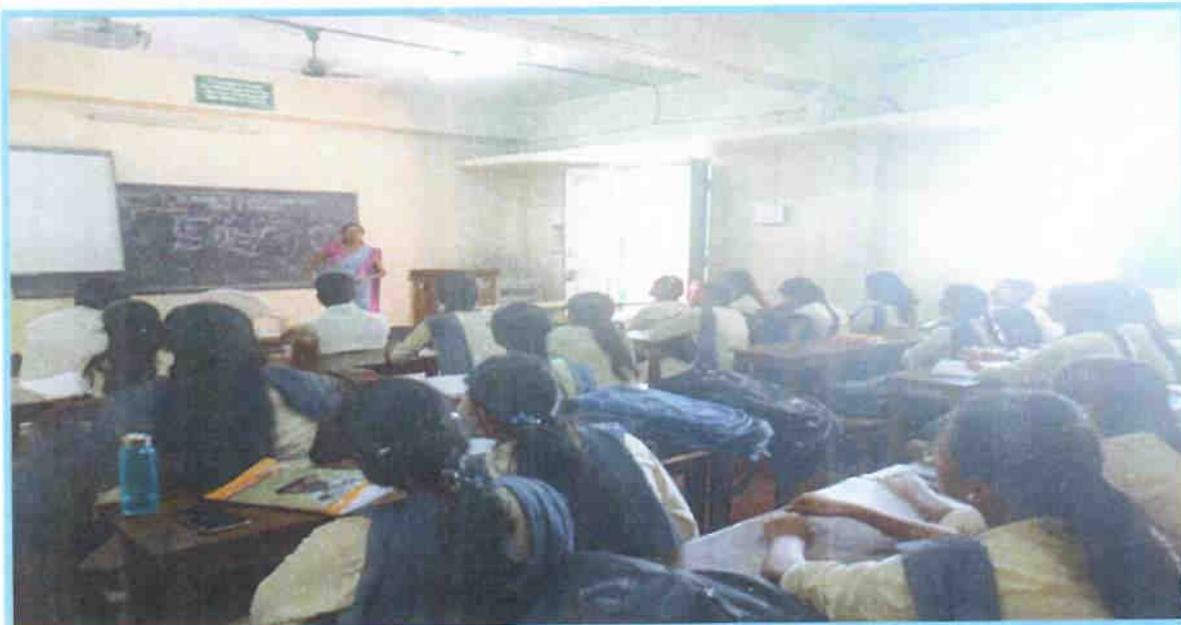
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**Mr.Shivaswamy, Date: 11.05.2022,**  
**Subject: (Educational Evaluation)**



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**Report on Student Exchange Program: Sarada Vilas Teachers College and Vidya vikas Teachers College, Mysore**

**Introduction**

Student exchange programs play a pivotal role in enhancing educational experiences and fostering cultural understanding among students. A recent initiative by Sarada Vilas Teachers College, where students visited Vidya Vikas Teachers College, exemplifies the enriching potential of such programs. This exchange, led by Dr. H. M. Manjunath, Assistant Professor at Sarada Vilas Teachers College, featured a diverse array of cultural activities including songs, folk dances, skits, and other cultural events.

**Objectives of the Exchange Program**

The primary objectives of the exchange program were to:

1. Promote cultural exchange and mutual understanding between students of the two colleges.
2. Provide students with a platform to showcase their talents and learn from each other's cultural backgrounds.
3. Foster interpersonal relationships and collaboration among future educators.
4. Enhance the cultural competencies of the participants, preparing them for a diverse teaching environment.

**Activities and Events**

**Cultural Performances**

The students of Sarada Vilas Teachers College prepared a variety of cultural performances to present at Vidya vikas Teachers College. The program began with a warm welcome from the host institution, setting a collaborative and enthusiastic tone for the day.

1. **Songs:** The musical segment included a mix of contemporary and traditional songs. Students performed group songs as well as solos highlighting the rich musical heritage of the region. These performances

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were not only entertaining but also served as a medium to convey cultural stories and values.

2. **Folk Songs and Dances:** Folk songs and dances were a major highlight of the event. The students showcased traditional dances, complete with vibrant costumes and props, bringing the essence of their culture to life. The performances included well-known folk dances like Dance and Dollu Kunitha, which are integral to the local heritage.

3. **Skit:** The skit performed by the students was both humorous and thought-provoking. It depicted various social issues and cultural nuances, encouraging the audience to reflect on contemporary societal themes. The skit was well-received and appreciated for its blend of entertainment and educational value.

4. **Other Cultural Events:** The program also featured poetry recitations, storytelling sessions, and a display of traditional crafts. These activities provided a comprehensive view of the cultural landscape and allowed for interactive participation from the audience.

### Leadership and Coordination

Dr. H. M. Manjunath, Kumaraswamy and Dr K C Gayathri KC played a crucial role in the success of the exchange program. His leadership and coordination ensured that the event ran smoothly and met its objectives. Dr. Manjunath's involvement was instrumental in guiding the students through their preparations and performances, fostering a spirit of unity and enthusiasm.

### Impact and Outcomes

The exchange program had a significant positive impact on all participants. Key outcomes included:

1. **Enhanced Cultural Awareness:** Students gained a deeper understanding and appreciation of each other's cultural backgrounds. This cultural awareness is essential for future educators who will be working in increasingly diverse classrooms.

2. **Improved Interpersonal Skills:** The collaborative nature of the program helped students develop better communication and teamwork skills. These skills are invaluable in both personal and professional contexts.

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3. **Strengthened Institutional Ties:** The exchange fostered a stronger relationship between Sarada Vilas Teachers College and Vidya Vikas Teachers College. This collaboration is likely to lead to more joint initiatives and exchanges in the future.

4. **Personal Growth:** Participating in the program provided students with opportunities for personal growth. They learned to step out of their comfort zones, perform in front of new audiences, and gain confidence in their abilities.

### Conclusion

The student exchange program between Sarada Vilas Teachers College and Vidya Vikas Teachers College was a resounding success. Under the guidance of Dr. H. M. Manjunath, the event not only showcased the cultural richness of the participants but also achieved its broader educational goals. Such initiatives are crucial in building a more interconnected and culturally aware educational community.



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