

**Sarada Vilas Teachers College**  
**K.M. Puram, Mysore-04**

---

### **2.4.1 QNM DE**

**2. Documentary evidence on  
developing competencies and  
skills**



Sarada Vilas Educational Institutions (R.)  
ಶಾರದಾ ವಿಲಾಸ ಶಿಕ್ಷಣ ಮಹಾವಿದ್ಯಾಲಯ, ಮೈಸೂರು-04  
**SARADA VILAS TEACHERS COLLEGE**  
Sarada Vilas Road, K.M Puram, Mysuru-570004, Karnataka  
Permanently Affiliated to University of Mysore, Mysuru, Karnataka State, Grant in Aid College  
NAAC Re-Accredited in 2016, "B" Grade, CGPA-2.73/4



Estd.1963

Email ID: svtemysore@gmail.com  
Website: www.svtemysore.org

Office No: 0821-2332137  
Mob No : 7019807294

## Report of Preparation of Organizing Learning (lesson plan)

A lesson plan is a detailed description created by a teacher outlining the instructional or learning trajectory for a particular lesson. It serves as a step-by-step guide for the teacher's intended instruction in the classroom. The most effective lesson plans typically consist of six key components: objectives, materials, procedures, assessment methods, and reflection. To aid trainee teachers in developing these skills, an orientation session on lesson plan preparation and the 5E model of lesson planning was conducted. During this session, samples were provided, and a one-week workshop on lesson plan preparation was organized from 22nd June, 2023 to 30th June, 2023. The preparation of lesson plans using the 5E method proved to be a structured and effective approach, enhancing both teacher preparedness and student engagement in the learning process.



*Kaala.K.S*  
Principal  
Sarada Vilas Teachers College,  
K.M.Puram, Mysore - 570 004

Estd.1963



Sarada Vilas Educational Institutions (R.)  
ಶಾರದಾ ವಿಲಾಸ ಶಿಕ್ಷಣ ಮಹಾವಿದ್ಯಾಲಯ, ಮೈಸೂರು-04  
**SARADA VILAS TEACHERS COLLEGE**



Sarada Vilas Road, K.M Puram, Mysuru-570004, Karnataka  
Permanently Affiliated to University of Mysore, Mysuru, Karnataka State, Grant in Aid College  
NAAC Re-Accredited in 2016, "B" Grade, CGPA-2.73/4

Email ID: svtemysore@gmail.com  
Website: www.svtemysore.org

Office No: 0821-2332137  
Mob No : 7019807294

Organizing Learning (lesson plan)



*Keela:ts*  
Principal  
Sarada Vilas Teachers College  
K.M.Puram/Mysore-570004



Sarada Vilas Educational Institutions (R.)  
 ಶಾರದಾ ವಿಲಾಸ ಶಿಕ್ಷಣ ಮಹಾವಿದ್ಯಾಲಯ, ಮೈಸೂರು-04  
**SARADA VILAS TEACHERS COLLEGE**



Sarada Vilas Road, K.M Puram, Mysuru-570004, Karnataka  
 Permanently Affiliated to University of Mysore, Mysuru, Karnataka State, Grant in Aid College  
 NAAC Re-Accredited in 2016, "B" Grade, CGPA-2.73/4

Email ID: svtemysore@gmail.com  
 Website: www.svtemysore.org

Office No: 0821-2332137  
 Mob No : 7019807294

## Developing Teaching Competencies

### Report of Activities for developing Teaching Competencies Micro-Teaching and Simulation Workshop

Microteaching is a widely adopted teacher training technique employed in all teacher education institutions. It offers teacher trainees the invaluable opportunity to cultivate and refine their teaching skills. With this aim in mind, Sarada Vilas Teachers College organized a workshop for 1st-year B.Ed students from 24th March, 2023 to 13th April, 2023. Preceding the workshop, a comprehensive 12-days orientation on the theoretical foundations of microteaching was conducted. During this orientation, each faculty member provided insights into core teaching skills, demonstrated effective teaching techniques, and offered guidance to students in preparation for the workshop.

Throughout the workshop, students actively engaged in practical microteaching sessions, wherein they delivered concise lessons to their peers under the supervision of experienced faculty members. These sessions provided a safe and supportive environment for students to experiment with various teaching strategies, receive constructive feedback, and reflect on their pedagogical approaches.

In addition to microteaching sessions, the workshop encompassed interactive discussions, collaborative activities, and resource-sharing sessions aimed at enhancing students' pedagogical knowledge and skills. Special emphasis was

*Keela.Jel*  
 Principal  
 Sarada Vilas Teachers College,  
 K.M.Puram, Mysore - 570 004



Sarada Vilas Educational Institutions (R.)  
 ಶಾರದಾ ವಿಲಾಸ ಶಿಕ್ಷಣ ಮಹಾವಿದ್ಯಾಲಯ, ಮೈಸೂರು-04  
**SARADA VILAS TEACHERS COLLEGE**



Sarada Vilas Road, K.M Puram, Mysuru-570004, Karnataka  
 Permanently Affiliated to University of Mysore, Mysuru, Karnataka State, Grant in Aid College  
 NAAC Re-Accredited in 2016, "B" Grade, CGPA-2.73/4

Email ID: svtemysore@gmail.com  
 Website: www.svtemysore.org

Office No: 0821-2332137  
 Mob No : 7019807294

placed on fostering effective communication, classroom management techniques, lesson planning, and assessment strategies.

Furthermore, the workshop incorporated video recordings of microteaching sessions, allowing students to review and analyze their teaching performance critically. This facilitated self-assessment and encouraged students to identify areas for improvement.

At the conclusion of the workshop, students emerged with a deeper understanding of effective teaching practices and increased confidence in their ability to deliver engaging and impactful lessons. The experience garnered from the microteaching workshop not only prepared students for their future roles as educators but also instilled a lifelong commitment to continuous professional development and reflective practice.



*Keelaitel*  
 Principal  
 Sarada Vilas Teachers College,  
 K.M.Puram, Mysore - 570 004



Sarada Vilas Educational Institutions (R.)  
ಶಾರದಾ ವಿಲಾಸ ಶಿಕ್ಷಣ ಮಹಾವಿದ್ಯಾಲಯ, ಮೈಸೂರು-04  
**SARADA VILAS TEACHERS COLLEGE**



Sarada Vilas Road, K.M Puram, Mysuru-570004, Karnataka  
Permanently Affiliated to University of Mysore, Mysuru, Karnataka State, Grant in Aid College  
NAAC Re-Accredited in 2016, "B" Grade, CGPA-2.73/4

Email ID: svctcmysore@gmail.com  
Website: www.svctcmysore.org

Office No: 0821-2332137  
Mob No : 7019807294

### Report of Simulation Workshop

Upon organization of the micro-teaching workshop, students were afforded the opportunity to systematically integrate all skills. A simulation workshop, held from 4<sup>th</sup> October, 2023 to 6<sup>th</sup> October, 2023 was orchestrated under the supervision and guidance of subject experts. Furthermore, senior students provided models to augment the learning experience. Recognizing the pivotal role of technology integration in effective teaching and learning practices, an ICT-integrated simulation workshop was meticulously planned and executed from 10<sup>th</sup> October, 2023 to 11<sup>th</sup> October, 2023 throughout these workshops; students were actively facilitated, guided, corrected, and furnished with feedback to aid in their improvement journey.

### Developing Teaching Competencies



*Neela J.*  
Principal  
Sarada Vilas Teachers College,  
K.M.Puram, Mysore - 570 004



Sarada Vilas Educational Institutions (R.)  
 ಶಾರದಾ ವಿಲಾಸ ಶಿಕ್ಷಣ ಮಹಾವಿದ್ಯಾಲಯ, ಮೈಸೂರು-04  
**SARADA VILAS TEACHERS COLLEGE**  
 Sarada Vilas Road, K.M Puram, Mysuru-570004, Karnataka  
 Permanently Affiliated to University of Mysore, Mysuru, Karnataka State, Grant in Aid College  
 NAAC Re-Accredited in 2016, "B" Grade, CGPA-2.73/4



Email ID: svtemysore@gmail.com  
 Website: www.svtemysore.org

Office No: 0821-2332137  
 Mob No : 7019807294

### Assessment of Learning

#### Report

Assessment stands as an indispensable element within the teaching-learning continuum. Trainee teachers are thoroughly equipped with the essential skill set to assess students' progress and pinpoint weaknesses through a spectrum of evaluative tools, including achievement tests, unit tests, and diagnostic tests. These critical skills are honed through a myriad of courses such as Educational Evaluation, Learning Teaching and Assessment, and pedagogical approaches to various school subjects.

In the third semester, students engage in the preparation of assignments centered around achievement tests, fostering a hands-on understanding of assessment methodologies. As part of their practice teaching endeavors, teacher trainees craft unit tests, engage in meticulous analysis of the outcomes, construct and administer diagnostic tests, and subsequently, based on the insights gleaned, conduct remedial teaching sessions.

This comprehensive approach not only empowers trainee teachers with the ability to gauge student learning effectively but also underscores the iterative nature of the teaching process. By engaging in the cycle of assessment, analysis, and remediation, teacher trainees develop a nuanced understanding of pedagogical strategies tailored to address diverse learning needs, thus fostering an environment conducive to meaningful educational advancement.

*Kesavaiah*  
 Principal  
 Sarada Vilas Teachers College,  
 K.M.Puram, Mysore - 570 004



Sarada Vilas Educational Institutions (R.)  
ಶಾರದಾ ವಿಲಾಸ ಶಿಕ್ಷಣ ಮಹಾವಿದ್ಯಾಲಯ, ಮೈಸೂರು-04

**SARADA VILAS TEACHERS COLLEGE**

Sarada Vilas Road, K.M Puram, Mysuru-570004, Karnataka

Permanently Affiliated to University of Mysore, Mysuru, Karnataka State, Grant in Aid College

NAAC Re-Accredited in 2016, "B" Grade, CGPA-2.73/4



Email ID: svtemysore@gmail.com

Website: www.svtemysore.org

Office No: 0821-2332137

Mob No : 7019807294

## UNIT PLAN BASED LESSONS

Assessment Criteria

(Max. Marks for each Lesson 05)

Sl. No.	CRITERIA	WEIGHTAGE	MARKS OBTAINED	REMARKS
01	Preparation of Lesson Plan	1		
02	Learning Resources / TLMs	1		
03	Effectiveness of Teaching-Learning Process	2		
04	Evaluation and Follow-Up	1		
TOTAL		05		

## INNOVATIVE LESSON

Criteria for assessment

(Max. Marks for each Lesson 10)

Sl. No.	CRITERIA	WEIGHTAGE	MARKS OBTAINED
1	Lesson Planning	1	
2	Creative Planning with Innovative Learning Contexts	3	
3	Effectiveness of Teaching & Learning	3	
4	Innovativeness in Evaluation and Follow-Up	2	
5	Overall Impact	1	
Total		10	

*Deelajis*

Principal

Sarada Vilas Teachers College,  
K.M.Puram, Mysore - 570 004





Sarada Vilas Educational Institutions (R.)  
ಶಾರದಾ ವಿಲಾಸ ಶಿಕ್ಷಣ ಮಹಾವಿದ್ಯಾಲಯ, ಮೈಸೂರು-04  
**SARADA VILAS TEACHERS COLLEGE**



Sarada Vilas Road, K.M Puram, Mysuru-570004, Karnataka  
Permanently Affiliated to University of Mysore, Mysuru, Karnataka State, Grant in Aid College  
NAAC Re-Accredited in 2016, "B" Grade, CGPA-2.73/4

Email ID: svtemysore@gmail.com  
Website: www.svtemysore.org

Office No: 0821-2332137  
Mob No : 7019807294

## CRITICISM LESSON

### CRITERIA FOR ASSESSMENT

(Max. Marks for each Lesson 5)

Sl. No.	CRITERIA	WEIGHTAGE	MARKS OBTAINED	REMARKS
01	Preparation of Lesson Plan	1		
02	Learning Resources / TLMs	1		
03	Effectiveness of Teaching-Learning Process	1		
04	Evaluation and Follow-Up	1		
05	Teacher's Personality	1		
TOTAL		05		

## REMEDIAL TEACHING

Criteria for assessment  
(Max. Marks for each Lesson 5)

Sl. No	CRITERIA	WEIGHTAGE	MARKS OBTAINED
1	Identification of the problem areas of Learning	1	
2	Planning of Remedial Measures	1	
3	Effectiveness in the Execution of the Remedial Plan	2	
4	Evaluation & Follow up	1	
Total		05	

*Koela.K.S*  
Principal  
Sarada Vilas Teachers College,  
K.M.Puram, Mysore - 570 004



Sarada Vilas Educational Institutions (R.)  
 ಶಾರದಾ ವಿಲಾಸ ಶಿಕ್ಷಣ ಮಹಾವಿದ್ಯಾಲಯ, ಮೈಸೂರು-04  
**SARADA VILAS TEACHERS COLLEGE**  
 Sarada Vilas Road, K.M Puram, Mysuru-570004, Karnataka  
 Permanently Affiliated to University of Mysore, Mysuru, Karnataka State, Grant in Aid College  
 NAAC Re-Accredited in 2016, "B" Grade, CGPA-2.73/4



Email ID: svtemysore@gmail.com  
 Website: www.svtemysore.org

Office No: 0821-2332137  
 Mob No : 7019807294

### Technology Use and Integration

Technology integration" has become the hallmark of the 21st century. The amalgamation of Information and Communication Technology (ICT) with educational practices significantly amplifies the efficacy of the teaching-learning process. This integration fosters heightened collaboration, facilitates seamless communication, and enhances student engagement within the classroom, thereby better preparing them for the demands of the future.

In alignment with these objectives, Sarada Vilas Teachers College orchestrated ICT-integrated simulation lessons from 21st August, 2023 to 25th August, 2023. Furthermore, we actively encouraged students to harness technology for seminar presentations, facilitating access to a wealth of resources through e-journals and YouTube videos. Additionally, students were adeptly trained to utilize a myriad of apps and Google products tailored to augment the teaching-learning experience.

By immersing students in such technologically enriched learning environments, we endeavor to cultivate not only proficiency in navigating digital landscapes but also to foster critical thinking and problem-solving skills requisite for success in the modern era. Through deliberate integration of technology into pedagogical practices, Sarada Vilas Teachers College endeavors to empower students with the tools necessary to thrive in an increasingly digitized world, equipping them with the skills essential for lifelong learning and professional success.

*Koolak's*  
 Principal  
 Sarada Vilas Teachers College.  
 K.M.Puram, Mysore - 570 004



Sarada Vilas Educational Institutions (R.)  
ಶಾರದಾ ವಿಲಾಸ ಶಿಕ್ಷಣ ಮಹಾವಿದ್ಯಾಲಯ, ಮೈಸೂರು-04  
**SARADA VILAS TEACHERS COLLEGE**



Sarada Vilas Road, K.M Puram, Mysuru-570004, Karnataka  
Permanently Affiliated to University of Mysore, Mysuru, Karnataka State, Grant in Aid College  
NAAC Re-Accredited in 2016, "B" Grade, CGPA-2.73/4

Email ID: svtemysore@gmail.com  
Website: www.svtemysore.org

Office No: 0821-2332137  
Mob No : 7019807294

Technology Use and Integration



*Keela K S*  
Principal  
Sarada Vilas Teachers College,  
K.M.Puram, Mysore - 570 004



**Sarada Vilas Educational Institutions (R.)**  
**ಶಾರದಾ ವಿಲಾಸ ಶಿಕ್ಷಣ ಮಹಾವಿದ್ಯಾಲಯ, ಮೈಸೂರು-04**  
**SARADA VILAS TEACHERS COLLEGE**  
 Sarada Vilas Road, K.M Puram, Mysuru-570004, Karnataka  
 Permanently Affiliated to University of Mysore, Mysuru, Karnataka State, Grant in Aid College  
 NAAC Re-Accredited in 2016, "B" Grade, CGPA-2.73/4



Email ID: svtemysore@gmail.com  
 Website: www.svtemysore.org

Office No: 0821-2332137  
 Mob No : 7019807294

### Organizing Field Visits

#### Report on visit to Milk Dairy and Regional Museum of Natural History Mysore

The production of milk on dairy farms and the processing of milk and milk products at dairy plants make up the dairy industry. To understand the working of a dairy industry and the quality assurance and to get the practical knowledge about them, we were taken to Mysore mega dairy at Alanahalli, Mysore on 28th of March 2023.

We reached the dairy at 10:30am and we entered the dairy at 11:00 am. We were accompanied by Smt. Sunitha. She guided us through various departments and sections of dairy unit. Everyday milk is collected in tankers from 7 taluks and brought to the milk dairy. Then the sample is subjected to various tests like fat check, adulteration check, and acidity test. If the milk sample test is failed in quality assurance test it is rejected. Further good quality milk is taken for other process. First cream is separated then it is taken for butter conversion, later to the ghee preparation and packing. Then we saw the section where 5 varieties of milk and 2 varieties of butter and curd are packed. Then we were taken to sweet section where peda and special Mysore pak is prepared. And we saw the preparation of paneer. And also we saw the other sections like boiler section, electrical section, air compressor section, refrigeration section and maintenance section. At the end of the dairy visit we were served with a packet of buttermilk.

On the same day, in the afternoon at 12:45 pm we were taken to Regional Museum of Natural History at Siddharth Nagar, opposite to Nadini milk dairy, Mysore. We were accompanied by Srinivas sir. Museum has multiple sections. The first section was related to biodiversity of southern region of India. The museum exhibits plants, animals, insects, butterflies and geology of the southern region of India. The galleries emphasize the conservation of nature and natural resources also he explained about ecological interrelationship among plants animals. There is a walk-through tunnel depicting evolution of life. At 3:30 pm we were allowed to watch a short movie on wildlife titled as "Daroji". At the end of the day some colorful and informative scripts about plants, mammals, butterflies, reptiles, birds, seeds etc are provided from the museum.

Deela.S.S.  
 Principal  
 Sarada Vilas Teachers College,  
 K.M.Puram, Mysore - 570 004



Sarada Vilas Educational Institutions (R.)  
ಶಾರದಾ ವಿಲಾಸ ಶಿಕ್ಷಣ ಮಹಾವಿದ್ಯಾಲಯ, ಮೈಸೂರು-04  
**SARADA VILAS TEACHERS COLLEGE**  
Sarada Vilas Road, K.M Puram, Mysuru-570004, Karnataka  
Permanently Affiliated to University of Mysore, Mysuru, Karnataka State, Grant in Aid College  
NAAC Re-Accredited in 2016, "B" Grade, CGPA-2.73/4



Estd.1963

Email ID: svtemysore@gmail.com  
Website: www.svtemysore.org

Office No: 0821-2332137  
Mob No : 7019807294

### Visit to Milk Dairy



### Visit to National History Museum



*Keelavik's*  
**Principal**  
Sarada Vilas Teachers College,  
K.M.Puram, Mysore - 570 004



Sarada Vilas Educational Institutions (R.)  
ಶಾರದಾ ವಿಲಾಸ ಶಿಕ್ಷಣ ಮಹಾವಿದ್ಯಾಲಯ, ಮೈಸೂರು-04  
**SARADA VILAS TEACHERS COLLEGE**



Sarada Vilas Road, K.M Puram, Mysuru-570004, Karnataka  
Permanently Affiliated to University of Mysore, Mysuru, Karnataka State, Grant in Aid College  
NAAC Re-Accredited in 2016, "B" Grade, CGPA-2.73/4

Email ID: svtemysore@gmail.com  
Website: www.svtemysore.org

Office No: 0821-2332137  
Mob No : 7019807294

### Conducting Outreach / Out of classroom Activities

An awareness program on 'Importance of Education' was conducted in Tribal Area of Biligirangana Betta, Chamaraja District, Karnataka on 18<sup>th</sup> February 2019. The program was aimed at encouraging parents to send their children to schools and provide them opportunities to complete their children education.



*Keela-Tej*

**Principal**

Sarada Vilas Teachers College,  
K.M.Puram, Mysore - 570 004



Sarada Vilas Educational Institutions (R.)  
ಶಾರದಾ ವಿಲಾಸ ಶಿಕ್ಷಣ ಮಹಾವಿದ್ಯಾಲಯ, ಮೈಸೂರು-04  
**SARADA VILAS TEACHERS COLLEGE**



Sarada Vilas Road, K.M Puram, Mysuru-570004, Karnataka  
Permanently Affiliated to University of Mysore, Mysuru, Karnataka State, Grant in Aid College  
NAAC Re-Accredited in 2016, "B" Grade, CGPA-2.73/4

Email ID: svctmysore@gmail.com  
Website: www.svctmysore.org

Office No: 0821-2332137  
Mob No : 7019807294

### Community Engagement: Swaccha Bharath

#### REPORT:

Under the Swach Bharath Abhiyan program, we conducted activity in our college premises including all the teaching, non-teaching and students by cleaning the campus on 01-10-2023.

- Solid waste management: Sweeping, collecting, transporting, processing, and disposing of solid waste.
- Behavioral change: Promoting healthy sanitation practices.



*Keela. S*

**Principal**

Sarada Vilas Teachers College,  
K.M.Puram, Mysore - 570 004

Estd.1963



Sarada Vilas Educational Institutions (R.)  
ಶಾರದಾ ವಿಲಾಸ ಶಿಕ್ಷಣ ಮಹಾವಿದ್ಯಾಲಯ, ಮೈಸೂರು-04  
**SARADA VILAS TEACHERS COLLEGE**  
Sarada Vilas Road, K.M Puram, Mysuru-570004, Karnataka  
Permanently Affiliated to University of Mysore, Mysuru, Karnataka State, Grant in Aid College  
NAAC Re-Accredited in 2016, "B" Grade, CGPA-2.73/4



Email ID: svtemysore@gmail.com  
Website: www.svtemysore.org

Office No: 0821-2332137  
Mob No : 7019807294

Community Engagement: Swaccha Bharath



*Leela.K.S*  
Principal  
Sarada Vilas Teachers College  
K.M.Puram, Mysore - 570 004



**Sarada Vilas Teachers College**  
**K.M. Puram, Mysore-04**

---

## **2.4.1 QNM DE**

### **1. Report on developing competencies and skills**



Sarada Vilas Educational Institutions (R.)  
ಶಾರದಾ ವಿಲಾಸ ಶಿಕ್ಷಣ ಮಹಾವಿದ್ಯಾಲಯ, ಮೈಸೂರು-04  
**SARADA VILAS TEACHERS COLLEGE**  
Sarada Vilas Road, K.M Puram, Mysuru-570004, Karnataka  
Permanently Affiliated to University of Mysore, Mysuru, Karnataka State, Grant in Aid College  
NAAC Re-Accredited in 2016, "B" Grade, CGPA-2.73/4

Estd.1963



Email ID: svtemysore@gmail.com  
Website: www.svtemysore.org

Office No: 0821-2332137  
Mob No : 7019807294

## Report of Preparation of Organizing Learning (lesson plan)

A lesson plan is a detailed description created by a teacher outlining the instructional or learning trajectory for a particular lesson. It serves as a step-by-step guide for the teacher's intended instruction in the classroom. The most effective lesson plans typically consist of six key components: objectives, materials, procedures, assessment methods, and reflection. To aid trainee teachers in developing these skills, an orientation session on lesson plan preparation and the 5E model of lesson planning was conducted. During this session, samples were provided, and a one-week workshop on lesson plan preparation was organized from 22nd June, 2023 to 30th June, 2023. The preparation of lesson plans using the 5E method proved to be a structured and effective approach, enhancing both teacher preparedness and student engagement in the learning process.



*Kaala.K.S*  
Principal

Sarada Vilas Teachers College,  
K.M.Puram, Mysore - 570 004

Estd.1963



Sarada Vilas Educational Institutions (R.)  
ಶಾರದಾ ವಿಲಾಸ ಶಿಕ್ಷಣ ಮಹಾವಿದ್ಯಾಲಯ, ಮೈಸೂರು-04  
**SARADA VILAS TEACHERS COLLEGE**



Sarada Vilas Road, K.M Puram, Mysuru-570004, Karnataka  
Permanently Affiliated to University of Mysore, Mysuru, Karnataka State, Grant in Aid College  
NAAC Re-Accredited in 2016, "B" Grade, CGPA-2.73/4

Email ID: svtemysore@gmail.com  
Website: www.svtemysore.org

Office No: 0821-2332137  
Mob No : 7019807294

Organizing Learning (lesson plan)



*Keela:ts*  
Principal  
Sarada Vilas Teachers College  
K.M.Puram/Mysore-570004



Sarada Vilas Educational Institutions (R.)  
ಶಾರದಾ ವಿಲಾಸ ಶಿಕ್ಷಣ ಮಹಾವಿದ್ಯಾಲಯ, ಮೈಸೂರು-04  
**SARADA VILAS TEACHERS COLLEGE**



Sarada Vilas Road, K.M Puram, Mysuru-570004, Karnataka  
Permanently Affiliated to University of Mysore, Mysuru, Karnataka State, Grant in Aid College  
NAAC Re-Accredited in 2016, "B" Grade, CGPA-2.73/4

Email ID: svtemysore@gmail.com  
Website: www.svtemysore.org

Office No: 0821-2332137  
Mob No : 7019807294

## Developing Teaching Competencies

### Report of Activities for developing Teaching Competencies Micro-Teaching and Simulation Workshop

Microteaching is a widely adopted teacher training technique employed in all teacher education institutions. It offers teacher trainees the invaluable opportunity to cultivate and refine their teaching skills. With this aim in mind, Sarada Vilas Teachers College organized a workshop for 1st-year B.Ed students from 24th March, 2023 to 13th April, 2023. Preceding the workshop, a comprehensive 12-days orientation on the theoretical foundations of microteaching was conducted. During this orientation, each faculty member provided insights into core teaching skills, demonstrated effective teaching techniques, and offered guidance to students in preparation for the workshop.

Throughout the workshop, students actively engaged in practical microteaching sessions, wherein they delivered concise lessons to their peers under the supervision of experienced faculty members. These sessions provided a safe and supportive environment for students to experiment with various teaching strategies, receive constructive feedback, and reflect on their pedagogical approaches.

In addition to microteaching sessions, the workshop encompassed interactive discussions, collaborative activities, and resource-sharing sessions aimed at enhancing students' pedagogical knowledge and skills. Special emphasis was

*Keela.Jel*  
Principal  
Sarada Vilas Teachers College,  
K.M.Puram, Mysore - 570 004



Sarada Vilas Educational Institutions (R.)  
 ಶಾರದಾ ವಿಲಾಸ ಶಿಕ್ಷಣ ಮಹಾವಿದ್ಯಾಲಯ, ಮೈಸೂರು-04  
**SARADA VILAS TEACHERS COLLEGE**



Sarada Vilas Road, K.M Puram, Mysuru-570004, Karnataka  
 Permanently Affiliated to University of Mysore, Mysuru, Karnataka State, Grant in Aid College  
 NAAC Re-Accredited in 2016, "B" Grade, CGPA-2.73/4

Email ID: svtemysore@gmail.com  
 Website: www.svtemysore.org

Office No: 0821-2332137  
 Mob No : 7019807294

placed on fostering effective communication, classroom management techniques, lesson planning, and assessment strategies.

Furthermore, the workshop incorporated video recordings of microteaching sessions, allowing students to review and analyze their teaching performance critically. This facilitated self-assessment and encouraged students to identify areas for improvement.

At the conclusion of the workshop, students emerged with a deeper understanding of effective teaching practices and increased confidence in their ability to deliver engaging and impactful lessons. The experience garnered from the microteaching workshop not only prepared students for their future roles as educators but also instilled a lifelong commitment to continuous professional development and reflective practice.



*Keelaitel*  
 Principal  
 Sarada Vilas Teachers College,  
 K.M.Puram, Mysore - 570 004



Sarada Vilas Educational Institutions (R.)  
ಶಾರದಾ ವಿಲಾಸ ಶಿಕ್ಷಣ ಮಹಾವಿದ್ಯಾಲಯ, ಮೈಸೂರು-04  
**SARADA VILAS TEACHERS COLLEGE**



Sarada Vilas Road, K.M Puram, Mysuru-570004, Karnataka  
Permanently Affiliated to University of Mysore, Mysuru, Karnataka State, Grant in Aid College  
NAAC Re-Accredited in 2016, "B" Grade, CGPA-2.73/4

Email ID: svctcmysore@gmail.com  
Website: www.svctcmysore.org

Office No: 0821-2332137  
Mob No : 7019807294

### Report of Simulation Workshop

Upon organization of the micro-teaching workshop, students were afforded the opportunity to systematically integrate all skills. A simulation workshop, held from 4<sup>th</sup> October, 2023 to 6<sup>th</sup> October, 2023 was orchestrated under the supervision and guidance of subject experts. Furthermore, senior students provided models to augment the learning experience. Recognizing the pivotal role of technology integration in effective teaching and learning practices, an ICT-integrated simulation workshop was meticulously planned and executed from 10<sup>th</sup> October, 2023 to 11<sup>th</sup> October, 2023 throughout these workshops; students were actively facilitated, guided, corrected, and furnished with feedback to aid in their improvement journey.

### Developing Teaching Competencies



*Neela J.*  
Principal  
Sarada Vilas Teachers College,  
K.M.Puram, Mysore - 570 004



Sarada Vilas Educational Institutions (R.)  
 ಶಾರದಾ ವಿಲಾಸ ಶಿಕ್ಷಣ ಮಹಾವಿದ್ಯಾಲಯ, ಮೈಸೂರು-04  
**SARADA VILAS TEACHERS COLLEGE**  
 Sarada Vilas Road, K.M Puram, Mysuru-570004, Karnataka  
 Permanently Affiliated to University of Mysore, Mysuru, Karnataka State, Grant in Aid College  
 NAAC Re-Accredited in 2016, "B" Grade, CGPA-2.73/4



Email ID: svtemysore@gmail.com  
 Website: www.svtemysore.org

Office No: 0821-2332137  
 Mob No : 7019807294

### Assessment of Learning

#### Report

Assessment stands as an indispensable element within the teaching-learning continuum. Trainee teachers are thoroughly equipped with the essential skill set to assess students' progress and pinpoint weaknesses through a spectrum of evaluative tools, including achievement tests, unit tests, and diagnostic tests. These critical skills are honed through a myriad of courses such as Educational Evaluation, Learning Teaching and Assessment, and pedagogical approaches to various school subjects.

In the third semester, students engage in the preparation of assignments centered around achievement tests, fostering a hands-on understanding of assessment methodologies. As part of their practice teaching endeavors, teacher trainees craft unit tests, engage in meticulous analysis of the outcomes, construct and administer diagnostic tests, and subsequently, based on the insights gleaned, conduct remedial teaching sessions.

This comprehensive approach not only empowers trainee teachers with the ability to gauge student learning effectively but also underscores the iterative nature of the teaching process. By engaging in the cycle of assessment, analysis, and remediation, teacher trainees develop a nuanced understanding of pedagogical strategies tailored to address diverse learning needs, thus fostering an environment conducive to meaningful educational advancement.

*Kesavaiah*  
 Principal  
 Sarada Vilas Teachers College,  
 K.M.Puram, Mysore - 570 004



Sarada Vilas Educational Institutions (R.)  
ಶಾರದಾ ವಿಲಾಸ ಶಿಕ್ಷಣ ಮಹಾವಿದ್ಯಾಲಯ, ಮೈಸೂರು-04

**SARADA VILAS TEACHERS COLLEGE**

Sarada Vilas Road, K.M Puram, Mysuru-570004, Karnataka

Permanently Affiliated to University of Mysore, Mysuru, Karnataka State, Grant in Aid College

NAAC Re-Accredited in 2016, "B" Grade, CGPA-2.73/4



Email ID: svtemysore@gmail.com

Website: www.svtemysore.org

Office No: 0821-2332137

Mob No : 7019807294

## UNIT PLAN BASED LESSONS

Assessment Criteria

(Max. Marks for each Lesson 05)

Sl. No.	CRITERIA	WEIGHTAGE	MARKS OBTAINED	REMARKS
01	Preparation of Lesson Plan	1		
02	Learning Resources / TLMs	1		
03	Effectiveness of Teaching-Learning Process	2		
04	Evaluation and Follow-Up	1		
TOTAL		05		

## INNOVATIVE LESSON

Criteria for assessment

(Max. Marks for each Lesson 10)

Sl. No.	CRITERIA	WEIGHTAGE	MARKS OBTAINED
1	Lesson Planning	1	
2	Creative Planning with Innovative Learning Contexts	3	
3	Effectiveness of Teaching & Learning	3	
4	Innovativeness in Evaluation and Follow-Up	2	
5	Overall Impact	1	
Total		10	

*Deelajis*

Principal

Sarada Vilas Teachers College,  
K.M.Puram, Mysore - 570 004





Sarada Vilas Educational Institutions (R.)  
ಶಾರದಾ ವಿಲಾಸ ಶಿಕ್ಷಣ ಮಹಾವಿದ್ಯಾಲಯ, ಮೈಸೂರು-04  
**SARADA VILAS TEACHERS COLLEGE**



Sarada Vilas Road, K.M Puram, Mysuru-570004, Karnataka  
Permanently Affiliated to University of Mysore, Mysuru, Karnataka State, Grant in Aid College  
NAAC Re-Accredited in 2016, "B" Grade, CGPA-2.73/4

Email ID: svtemysore@gmail.com  
Website: www.svtemysore.org

Office No: 0821-2332137  
Mob No : 7019807294

## CRITICISM LESSON

### CRITERIA FOR ASSESSMENT

(Max. Marks for each Lesson 5)

Sl. No.	CRITERIA	WEIGHTAGE	MARKS OBTAINED	REMARKS
01	Preparation of Lesson Plan	1		
02	Learning Resources / TLMs	1		
03	Effectiveness of Teaching-Learning Process	1		
04	Evaluation and Follow-Up	1		
05	Teacher's Personality	1		
TOTAL		05		

## REMEDIAL TEACHING

Criteria for assessment  
(Max. Marks for each Lesson 5)

Sl. No	CRITERIA	WEIGHTAGE	MARKS OBTAINED
1	Identification of the problem areas of Learning	1	
2	Planning of Remedial Measures	1	
3	Effectiveness in the Execution of the Remedial Plan	2	
4	Evaluation & Follow up	1	
Total		05	

*Keela.K.S*  
Principal  
Sarada Vilas Teachers College,  
K.M.Puram, Mysore - 570 004



Sarada Vilas Educational Institutions (R.)  
 ಶಾರದಾ ವಿಲಾಸ ಶಿಕ್ಷಣ ಮಹಾವಿದ್ಯಾಲಯ, ಮೈಸೂರು-04  
**SARADA VILAS TEACHERS COLLEGE**  
 Sarada Vilas Road, K.M Puram, Mysuru-570004, Karnataka  
 Permanently Affiliated to University of Mysore, Mysuru, Karnataka State, Grant in Aid College  
 NAAC Re-Accredited in 2016, "B" Grade, CGPA-2.73/4



Email ID: svtemysore@gmail.com  
 Website: www.svtemysore.org

Office No: 0821-2332137  
 Mob No : 7019807294

### Technology Use and Integration

"Technology integration" has become the hallmark of the 21st century. The amalgamation of Information and Communication Technology (ICT) with educational practices significantly amplifies the efficacy of the teaching-learning process. This integration fosters heightened collaboration, facilitates seamless communication, and enhances student engagement within the classroom, thereby better preparing them for the demands of the future.

In alignment with these objectives, Sarada Vilas Teachers College orchestrated ICT-integrated simulation lessons from 21st August, 2023 to 25th August, 2023. Furthermore, we actively encouraged students to harness technology for seminar presentations, facilitating access to a wealth of resources through e-journals and YouTube videos. Additionally, students were adeptly trained to utilize a myriad of apps and Google products tailored to augment the teaching-learning experience.

By immersing students in such technologically enriched learning environments, we endeavor to cultivate not only proficiency in navigating digital landscapes but also to foster critical thinking and problem-solving skills requisite for success in the modern era. Through deliberate integration of technology into pedagogical practices, Sarada Vilas Teachers College endeavors to empower students with the tools necessary to thrive in an increasingly digitized world, equipping them with the skills essential for lifelong learning and professional success.

*Koolak's*  
 Principal  
 Sarada Vilas Teachers College.  
 K.M.Puram, Mysore - 570 004



Sarada Vilas Educational Institutions (R.)  
ಶಾರದಾ ವಿಲಾಸ ಶಿಕ್ಷಣ ಮಹಾವಿದ್ಯಾಲಯ, ಮೈಸೂರು-04  
**SARADA VILAS TEACHERS COLLEGE**



Sarada Vilas Road, K.M Puram, Mysuru-570004, Karnataka  
Permanently Affiliated to University of Mysore, Mysuru, Karnataka State, Grant in Aid College  
NAAC Re-Accredited in 2016, "B" Grade, CGPA-2.73/4

Email ID: svtemysore@gmail.com  
Website: www.svtemysore.org

Office No: 0821-2332137  
Mob No : 7019807294

Technology Use and Integration



*Kesha K S*  
Principal  
Sarada Vilas Teachers College,  
K.M.Puram, Mysore - 570 004



**Sarada Vilas Educational Institutions (R.)**  
**ಶಾರದಾ ವಿಲಾಸ ಶಿಕ್ಷಣ ಮಹಾವಿದ್ಯಾಲಯ, ಮೈಸೂರು-04**  
**SARADA VILAS TEACHERS COLLEGE**  
 Sarada Vilas Road, K.M Puram, Mysuru-570004, Karnataka  
 Permanently Affiliated to University of Mysore, Mysuru, Karnataka State, Grant in Aid College  
 NAAC Re-Accredited in 2016, "B" Grade, CGPA-2.73/4



Email ID: svtemysore@gmail.com  
 Website: www.svtemysore.org

Office No: 0821-2332137  
 Mob No : 7019807294

### Organizing Field Visits

#### Report on visit to Milk Dairy and Regional Museum of Natural History Mysore

The production of milk on dairy farms and the processing of milk and milk products at dairy plants make up the dairy industry. To understand the working of a dairy industry and the quality assurance and to get the practical knowledge about them, we were taken to Mysore mega dairy at Alanahalli, Mysore on 28th of March 2023.

We reached the dairy at 10:30am and we entered the dairy at 11:00 am. We were accompanied by Smt. Sunitha. She guided us through various departments and sections of dairy unit. Everyday milk is collected in tankers from 7 taluks and brought to the milk dairy. Then the sample is subjected to various tests like fat check, adulteration check, and acidity test. If the milk sample test is failed in quality assurance test it is rejected. Further good quality milk is taken for other process. First cream is separated then it is taken for butter conversion, later to the ghee preparation and packing. Then we saw the section where 5 varieties of milk and 2 varieties of butter and curd are packed. Then we were taken to sweet section where peda and special Mysore pak is prepared. And we saw the preparation of paneer. And also we saw the other sections like boiler section, electrical section, air compressor section, refrigeration section and maintenance section. At the end of the dairy visit we were served with a packet of buttermilk.

On the same day, in the afternoon at 12:45 pm we were taken to Regional Museum of Natural History at Siddharth Nagar, opposite to Nadini milk dairy, Mysore. We were accompanied by Srinivas sir. Museum has multiple sections. The first section was related to biodiversity of southern region of India. The museum exhibits plants, animals, insects, butterflies and geology of the southern region of India. The galleries emphasize the conservation of nature and natural resources also he explained about ecological interrelationship among plants animals. There is a walk-through tunnel depicting evolution of life. At 3:30 pm we were allowed to watch a short movie on wildlife titled as "Daroji". At the end of the day some colorful and informative scripts about plants, mammals, butterflies, reptiles, birds, seeds etc are provided from the museum.

Deela J.S.  
 Principal  
 Sarada Vilas Teachers College,  
 K.M.Puram, Mysore - 570 004



Sarada Vilas Educational Institutions (R.)  
ಶಾರದಾ ವಿಲಾಸ ಶಿಕ್ಷಣ ಮಹಾವಿದ್ಯಾಲಯ, ಮೈಸೂರು-04  
**SARADA VILAS TEACHERS COLLEGE**  
Sarada Vilas Road, K.M Puram, Mysuru-570004, Karnataka  
Permanently Affiliated to University of Mysore, Mysuru, Karnataka State, Grant in Aid College  
NAAC Re-Accredited in 2016, "B" Grade, CGPA-2.73/4



Estd.1963

Email ID: svtemysore@gmail.com  
Website: www.svtemysore.org

Office No: 0821-2332137  
Mob No : 7019807294

### Visit to Milk Dairy



### Visit to National History Museum



*Keelavik's*  
**Principal**  
Sarada Vilas Teachers College,  
K.M.Puram, Mysore - 570 004



Sarada Vilas Educational Institutions (R.)  
 ಶಾರದಾ ವಿಲಾಸ ಶಿಕ್ಷಣ ಮಹಾವಿದ್ಯಾಲಯ, ಮೈಸೂರು-04  
**SARADA VILAS TEACHERS COLLEGE**



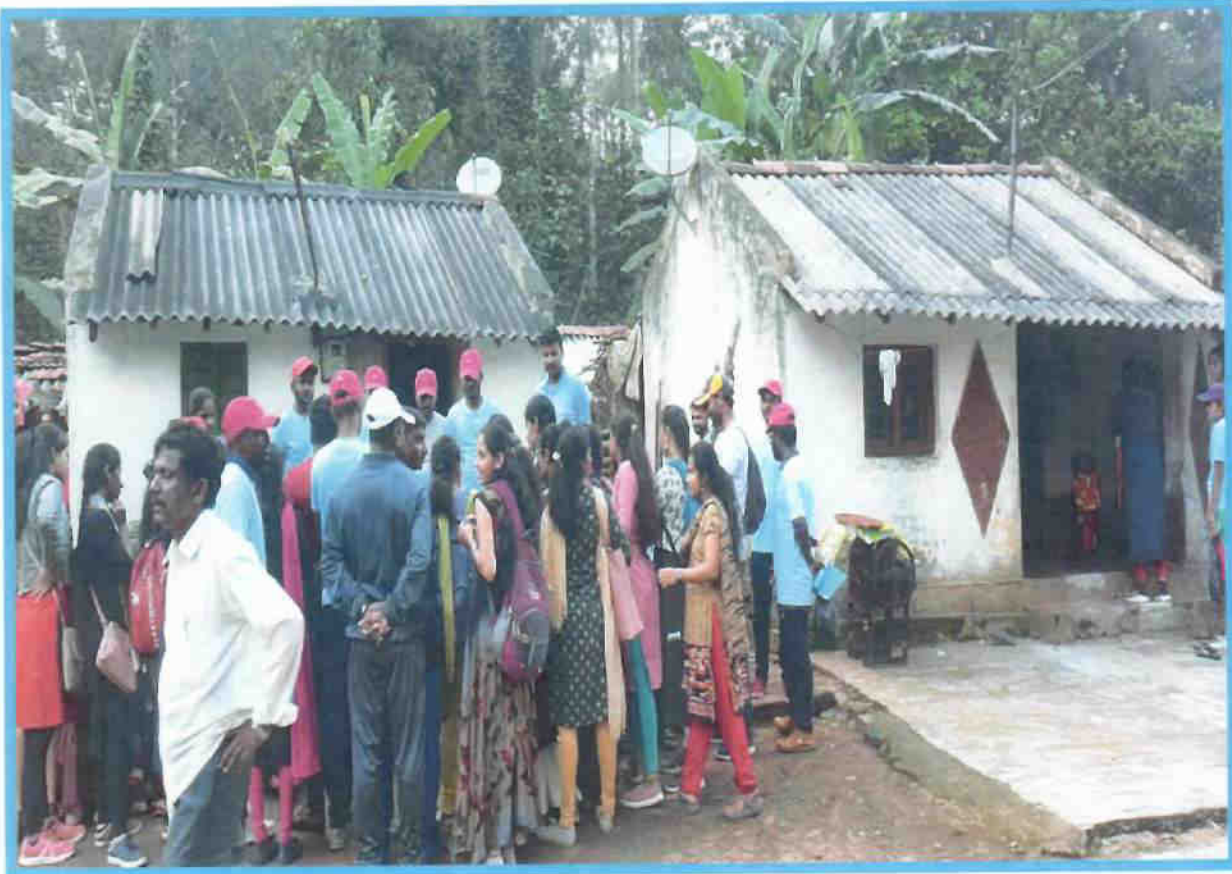
Sarada Vilas Road, K.M Puram, Mysuru-570004, Karnataka  
 Permanently Affiliated to University of Mysore, Mysuru, Karnataka State, Grant in Aid College  
 NAAC Re-Accredited in 2016, "B" Grade, CGPA-2.73/4

Email ID: svtemysore@gmail.com  
 Website: www.svtemysore.org

Office No: 0821-2332137  
 Mob No : 7019807294

### Conducting Outreach / Out of classroom Activities

An awareness program on 'Importance of Education' was conducted in Tribal Area of Biligirangana Betta, Chamaraja District, Karnataka on 18<sup>th</sup> February 2019. The program was aimed at encouraging parents to send their children to schools and provide them opportunities to complete their children education.



*Keela-Tej*

**Principal**

Sarada Vilas Teachers College,  
 K.M.Puram, Mysore - 570 004



Sarada Vilas Educational Institutions (R.)  
ಶಾರದಾ ವಿಲಾಸ ಶಿಕ್ಷಣ ಮಹಾವಿದ್ಯಾಲಯ, ಮೈಸೂರು-04  
**SARADA VILAS TEACHERS COLLEGE**



Sarada Vilas Road, K.M Puram, Mysuru-570004, Karnataka  
Permanently Affiliated to University of Mysore, Mysuru, Karnataka State, Grant in Aid College  
NAAC Re-Accredited in 2016, "B" Grade, CGPA-2.73/4

Email ID: svctmysore@gmail.com  
Website: www.svctmysore.org

Office No: 0821-2332137  
Mob No : 7019807294

### Community Engagement: Swaccha Bharath

#### REPORT:

Under the Swach Bharath Abhiyan program, we conducted activity in our college premises including all the teaching, non-teaching and students by cleaning the campus on 01-10-2023.

- Solid waste management: Sweeping, collecting, transporting, processing, and disposing of solid waste.
- Behavioral change: Promoting healthy sanitation practices.



*Keela. S*

**Principal**

Sarada Vilas Teachers College,  
K.M.Puram, Mysore - 570 004



Sarada Vilas Educational Institutions (R.)  
 ಶಾರದಾ ವಿಲಾಸ ಶಿಕ್ಷಣ ಮಹಾವಿದ್ಯಾಲಯ, ಮೈಸೂರು-04  
**SARADA VILAS TEACHERS COLLEGE**



Sarada Vilas Road, K.M Puram, Mysuru-570004, Karnataka  
 Permanently Affiliated to University of Mysore, Mysuru, Karnataka State, Grant in Aid College  
 NAAC Re-Accredited in 2016, "B" Grade, CGPA-2.73/4

Email ID: svtemysore@gmail.com  
 Website: www.svtemysore.org

Office No: 0821-2332137  
 Mob No : 7019807294

Community Engagement: Swaccha Bharath



*Dr. Leela K. S.*  
 Principal  
 Sarada Vilas Teachers College  
 K.M. Puram, Mysore - 570 004